



FULL DAY WORKSHOP: HOW TO OVERCOME UNCONSCIOUS BIAS FOR A HEALTHIER WORKPLACE

BASED ON THE BOOK **DON'T BELIEVE EVERYTHING YOU THINK**



FACE
TO
FACE



TUE, APR 30, 2024
09H00 - 16H00
(Sandton TBC)



ANYONE AT ANY
LEVEL, IN ALL
ORGANISATIONS



APPLICABLE
TO GLOBAL
AUDIENCE

TICKETS COST **ZAR 3950 (Ex VAT)** PER PARTICIPANT

Throughout your organisation right now, the leading inhibitor to change is unconscious bias.

This phenomenon, with enormous power to prevent team alignment and decrease engagement -- and through that, organisational performance -- has been on the rise since the beginning of the remote working period of the pandemic. And it's high time we tackled it in an organised and constructive way.

Unfortunately, unconscious bias is one of the many things we as human beings have in common. Our thoughts, our ideas and our perceptions of the truth are all influenced by a broad range of preconceived notions, on which we act without any inkling we are doing so.

As your organisation experiments with post-pandemic working structures, and advances revitalising programmes such as DE&I, reducing the prevalence and impacts of unconscious bias must be a priority.

That's what this workshop is designed to tackle: to show you in an interactive, accessible and highly exciting way, not only how it works, but what to do about it, as we aim to level our playing fields and unlock the real strength of hidden human potential in our workplaces.

LEARNING OUTCOMES

Interactive, fun, intentionally funny, but deep and rich in lessons, 'Don't believe everything you think' is a workshop like no other, which will excite you and surprise you, but in the end will leave you with excellent actionable insights to take away and put into action.

CONTENTS

This workshop is divided into three parts with post-workshop nudges.

1: The impact of unconscious bias

In this section we'll look at how it works and what it looks like, through an enthralling narrative session.

Topics covered include:

- Preference vs. Bias
- Broken Stereotypes
- Microaggressions
- The Role of Social Media

2: 12 common types of bias simply explained

3: Practical lessons to overcome bias

4: Post-workshop nudges

Workshop
comes with
free workbook

